



Career perspectives for postdocs

The Gutenberg Council for Young Researchers (GNK) wants to help postdocs who are about to start a career. For this purpose, it will be funding a project called "Career perspectives for postdocs", which will run for two years. The aim of this project is to provide dedicated information, advice and coaching, through which we can support our new generation of scientist and help them create matching professional profiles. In addition to academic tracks, we also take alternative career options into consideration, using both already existing and newly developed training programs.

We will also offer support for mentors, by developing guidelines for career development discussions with their postdocs.

Which way to go?

What happens after my PhD? Can a scientific career be planned at all? Or should I aim for a career in business or a non-profit career?

As a trained academic, you have all the qualifications that will help you pursue a personalized professional career that provides long-term inspiration and satisfaction.

That is exactly why it is so important to plan your career strategically. Some important questions need to be answered: What are my goals and interests, what are my strengths and weaknesses? Where can I apply? Do I know what is expected of me and how I want to be perceived?

To help you address these questions, the Gutenberg Council for Young Researcher (GNK) has set up a project on Career perspective for postdocs.

It is our goal to provide targeted coaching, advice and information that will help you make important decisions that determine your career options and build a fitting profile.

We provide training workshops which focus on several topics. Examples of such topics are as follows:

- decision-making,
- career opportunities outside of the science field and
- how applying for jobs in science can be different from applying in other fields.

These workshops will be taught in either German or English.

Personal advice / individual coaching

Interested postdocs have the opportunity to be assisted by coaches upon request. A team of experienced, qualified coaches is available to support you.

Contact:
Caroline Ketting
Career perspectives for postdocs

Johannes Gutenberg-Universität Mainz
Personnel department
Personnel development
Forum universitatis 3
55099 Mainz

Phone 06131 39-20818
Fax 06131 39-22411

Karriere-postdocs@uni-mainz.de
www.personalentwicklung.uni-mainz.de



Contacts with companies

We can help you get in contact with many different companies.

More information about our offers or questions regarding this topic? Please send an e-mail to: karriere-postdocs@uni-mainz.de

All communication will be treated in the strictest confidence.